

# 56

IMMERSE  
YOURSELF  
IN THE  
OUTDOOR  
AND FIND  
INSPIRATIONS  
IN ACHIEVING  
SDG GOALS



SUSTAINABLE  
DEVELOPMENT  
GOALS

Connect to  
the SDGs  
through  
experiential  
learning



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ENCOMPASS HK



# WHAT ARE THE SDGS

The Intergovernmental Negotiations on the Post 2015 Development Agenda have led to the adaptation of The 2030 Agenda for Sustainable Development (UN 2015). Part of the agenda was the formulation of the Sustainable Development Goals (SDGs). These goals follow the grand preamble of the United Nations that it is 'resolved to free the human race from the tyranny of poverty and want and to heal and secure our planet'. These are the 17 goals, accompanied by 169 specific targets meant to advance the goals in concrete ways.

# CONNECT TO SDGS

## LOOK INSIDE THEN OUTSIDE

We'll let participants to share their views on their personal and today's world problems on the SDGs. Through our activities participants can have a holistic understanding of the SDGs while developing empathy for others and the environment.

## MINDFUL FOREST AND CITY WALK

With our guided facilitation, participants will be able to relate what they observe about themselves and the outside environment to the SDGs. Those experiences will be debriefed so to empower participants to develop an action plan on what they can do as individuals and a community to achieve SDGs.

## SAMPLE PROGRAM

Dreams and Goals about SDGs  
Mindful Forest and City Walk in SDGs  
Debriefing and Learning  
Developing an Action Plan for SDGs

Time required: 2.5 -3 hours

Setting: Combination of indoor and outdoor environment

## ABOUT ENCOMPASS HK

Encompass HK conducts different introductory and advanced workshops to help organizations and students to better understand and implement the Sustainable Development Goals. Our staff and advisors are experienced educators and passionate about social causes.



# CONNECT TO THE SDGS THROUGH EXPERIENTIAL LEARNING